

FERTILITY REFERRAL CRITERIA-CHECK LIST

All couples whether Primary or Secondary infertility or Same Sex couples are eligible for referral to Secondary Care.

Not all couples are eligible for NHS funded Tertiary Care treatment for assisted conception (Insemination or IVF).

Criteria for NHS funded Tertiary Care (under CCG consideration for potential change in Summer 2014)

- Age of woman 23-42 years, male age no limit
- BMI woman: 19-30, male no limit
- Both non-smokers
- No living child for either partner
- Couples in stable relationship: 2 years
- Live in Leicestershire GP registered area
- No previous NHS funded IVF or <3 private IVF cycles

Initial fertility advice in line with NICE Guidance:

- ◆ Information on natural conception
- ◆ Advice on frequency and timing of sexual intercourse
- ◆ Impact of alcohol, smoking, caffeinated beverages, body weight, tight underwear for men, occupation, prescribed, over-the-counter and recreational drugs
- ◆ Importance of folic acid supplementation
- ◆ Confirmation that psychological effects of fertility problems have been addressed
- Check if couple have failed to conceive after regular unprotected sexual intercourse for 1 year
- Couple in a stable relationship for more than 1 year
- Early investigations are warranted if woman's age ≥ 36 years, follicular phase FSH ≥ 10 (done on day 2 or 3 or 4 of menstrual cycle), PCOS, endometriosis, prior chemo/radio therapy, PID, vaginismus, undescended testes, azoospermia or severe oligozoospermia, HIV/Hepatitis B or C)

www.nice.org.uk/nicemedia/live/14078/62769/62769.pdf

BASELINE INVESTIGATIONS PRIOR TO REFERRAL

Female: Blood test: Day 2 or 3 or 4 of period (serum FSH, LH, estradiol), Day 21 of period Serum progesterone (if 28 days cycle), Rubella immunity, Endocervical and HVS swabs for Chlamydia/Gonorrhoea, screen for haemoglobinopathies

Male: Semen analysis (done in last 12 months). If suboptimal, need repeat in 8-10 weeks from the last sample, screen for haemoglobinopathies if partner is a carrier

WELFARE OF THE UNBORN CHILD

If you are aware of anything in the past medical or social history of the patient/partner which may be of concern with regard to the welfare of the unborn child and you still wish to refer the couple, please provide full details of any relevant concerns / extenuating circumstances in an accompanying letter.

Further queries: you can contact Fertility Specialist Consultants at UHL on **01162585922** or visit www.leicesterfertilitycentre.org.uk